

How to Know If Your Surgical Cut Is Healing Right?

If you are preparing for surgery or have undergone a surgical procedure, you should pay attention to the incision site to figure out if the wound is healing right or not.

What is a Surgical Wound?

A surgical wound is a cut or incision in the skin which is made by a surgeon during surgery. Some incisions are small, while others are long. The size of the incision depends on the type of surgery a patient had and the location of the area. These wounds are usually closed with sutures but sometimes are left open to heal.



Our skin is our body's natural barrier to prevent wounds from infection, so when there is a breakage in the skin, the risk of complications increases. In fact, up to 3% of surgical wounds get infected after surgery, generally within 30 days of the procedure. So, make sure to keep an eye on surgical injuries throughout the healing process.

So, how to tell if a surgical wound is healing right or infected? Here are various signs to look for. Take a look:

1. Redness, Warmth, or Discoloration

The very first step of surgical wound healing includes swelling as the blood vessels in the area begin to form clots & fight bacteria to prevent blood loss. So the injured area may be swollen, red, and warm.

This phase can take up to six days. But if there is still swelling, redness & warmth, the patient should immediately contact **surgical wound healing California**, especially if it starts spreading. If there is skin darkening at the edges of the wound, it is a cause for concern.



2. Strong Bad Odor

Though patients may sometimes notice odor near an incision area due to old dressing, body odor, or incontinence. But in case of any infection, wounds deliver a distinct odor. A strong foul or bad odor from the surgical site indicates dead tissue. The patient should immediately contact **Bedside Care Specialist USA** to get the necessary treatment.

3. Pus or drainage

When an individual has undergone a surgical wound, it goes through several healing processes including bleeding, swelling, rebuilding and scabbing, etc. As a result, it is normal for the patient to experience a slight drainage during the first week which could be thin, clear, and pale yellow in appearance.

But if there is thick or discolored drainage, it is time to consult with a **bedside specialist California**, especially in huge quantities, otherwise it can indicate infection. If the discharge continues through the healing process, it is probably a sign of infection.



4. Severe Pain

As the surgical wound starts healing through a rebuilding process where the edges of the skin get close together, and scars form, it is common to feel mild pain and discomfort in the incision area. But if you feel long-lasting pain, it can be a sign of infection and requires immediate consultation with **Wound Care California**.

5. Fever and Chills

If a surgical wound has become infected, it will enter your bloodstream and spread through your body, causing fever and sickness. A fever in your body indicates it is fighting with the bacteria making you ill. In this scenario, contacting **surgical wound healing California** is vital.

By paying close attention to these signs of non-healing, individuals can protect surgical wounds from getting infected, and avoid risky complications. Slow-healing wounds tend to develop infection and pose serious complications like gangrene or even amputation.



If you are struggling with surgical, non-healing wounds, a **Bedside Care Specialist USA** can help. They have a team of physicians, nurses & surgeons specializing in comprehensive wound care. The doctors visit the patient's location and examine the wound and symptoms of infection. They also ask for a patient's history to identify underlying conditions that could disrupt the body's ability to heal wounds.

The **bedside specialist California** adopts a multidisciplinary approach to treatment and generates a personalized plan of treatment that can ensure speedy & effective recovery of patients. Book an appointment now.

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